INSTRUCTIONS FOR ABSTRACTS

General Information

● Abstracts will be considered for oral or poster presentation.

● All abstracts must be uploaded through the link according to the template in Word in English and Albanian:

https://docs.google.com/forms/d/14NgEaQvNWIX6qxU6gV8a8_Bc0vnzsQp8jw05IpQMNMk/edit

● Deadline for submission of abstracts: February 15, 2026.

● The conference will be accredited by the Agency for Quality Assurance in Health and Social Care (ASCK).

Instructions for preparing the abstract

The abstract must be structured as follows:

Title: The title should be short, without abbreviations and initials.

Authors: List the authors (full first and last names) and their institutions in the desired order.

Institutions: If the authors belong to more than one institution, please use 1, 2, 3 to list them and place the corresponding number next to the author.

Contact: Provide the email address of the corresponding author.

Abstract: The abstract must be a maximum of 250 words, not including the title, authors' names, and institutions.

● **Abstracts of original research papers** must be structured objectively and concisely, including the essential information according to the following sections:

- **Introduction:** authors should briefly present the information known in the literature on the topic and describe the main reasons that led to the development of the study.
- **Materials and Methods:** the methods used to carry out the research should be described. This may include information on the study design, tools and techniques used for data collection, as well as strategies for data analysis. These data must be sufficient to allow replication of the study by other researchers.
- **Results:** authors should present the study results clearly, including quantitative and/or qualitative data that support the study objectives. The results must be accurate, concise, and accompanied by statistical analyses.

- **Conclusion:** authors should summarize the main findings of the study and illustrate their contribution to existing knowledge. The conclusion may also include the study's limitations and suggestions for further research.

Abstracts of clinical cases must be structured as follows:

- **Introduction:** In this part, authors should briefly present the importance of the clinical case and its medical context. It should be described why this case is interesting or particular and how it relates to existing literature.
- **Case Presentation:** details of the specific case should be described: the patient's medical history, symptoms, clinical findings, test results, and any diagnostic or therapeutic procedure that was used. This section must be clear and provide detailed information to help the reader understand the complexity of the case.
- **Discussion:** authors should analyze and interpret the case by linking it to existing literature, where diagnostic possibilities, treatments, and management similar to other cases are reviewed. The discussion should also analyze the particularity of this case compared to standard protocols.
- **Conclusion:** authors should present the main conclusions of the case and highlight the lessons that can be drawn for medical practice, offering useful recommendations for improving the diagnosis and treatment process in the future.

References: For each abstract, bibliographic references from recent years must be included.

Text style: Abstracts must be written in Times New Roman, font size 12, single spacing.

Format: The abstract must be submitted in Microsoft Word format.

Evaluation Procedure

All abstracts will be reviewed by the Scientific Committee according to the following criteria:

(i) novelty and significance of the research work;

(ii) methodology;

(iii) implications for research and medical practice.